

【 Food and Diet 】

❖ Campus restaurants

The university has, at the time being, 7 restaurants, 1 bakery store; the opening hours of the restaurant, lunch is provided from 11:00 to 14:30, and dinner is provided from 17:00 to 20:30. The opening hours of Sa Sa Café is relatively longer.

Restaurants	Location	Meals provided
湖畔餐廳 <Lake-side Restaurant>	1 st floor, Lake-side Student Restaurant	western breakfast, buffet, vegetarian meal, set meal
天外天 <Tien-Wai-Tien>	2 nd floor, Fan-shape hall, West Community House	simple meal, drinks, coffee
莎莎咖啡館 <Sa Sa Café>	1 st floor, Bao Jiao Ting, Building Liberal Arts	coffee, western-style pastry, simple meal, drinks
雙福餐館 <Shuang-fu Restaurant>	1 st floor, Student Canteen, West Community House	buffet
東華美食 <Dong Hwa Gourmet Food>	1 st floor, Student Canteen, West Community House n	western breakfast, simple meal
(口甲) PAN <Jia Pan>	1 st floor, Student Canteen, West Community House	bread, western-style pastry, sandwich breakfast
星俠兒 <Xing Xia Er>	right side to the corridor of front gate , Library	drinks, western dessert, cake
海音咖啡 <Hai-In Café>	2 nd floor, Lake-side Student Restaurant	drinks, afternoon tea and pastry, pizza

❖ Eateries on Zhixue Street

You can find the greatest number of eateries around university at Zhongzheng Road, Zhixue Village, mostly well known as Zhixue Street, while there are also quite a lot of restaurants near the entrance to alley of Zhongzheng Road by No. 9 provincial highway. You can find diverse variety of eateries, and they include breakfast, simple meal, hot-pot, café, and snacks. Some eateries also offer vegetarian dishes, such as Grass House Noodle (草屋麵館), and He-tien Home(賀田之家). The opening hours of these stores are: lunch from 11:00 to 14:30, and dinner 17:00 to 20:30, and only someone provides relatively longer opening hours.

□ Breakfast

- | | |
|---------------------------------------|-----------------------------------|
| ■ 山東早餐 <Shandong breakfast> | ■ 永和豆漿 <Yong-he soybean milk> |
| ■ 志學早點小吃 <Zhixue breakfast and snack> | ■ 中式早餐 <Chinese breakfast> |
| ■ 麥味登 <My Warm Day> | ■ 早安！美芝城 <Good Morning! Mac City> |
| ■ 東華早餐吧 <Dong Hwa Breakfast Bar> | ■ 麥樂多 <Mai-Le-Duo> |
| ■ 華廈美而美 <Mansion Mei & Mei> | ■ 微笑早餐店 <Smile Breakfast> |
| ■ 麥軒早餐店 <Mai-Xuan Breakfast> | |

□ Simple diet and noodle

■ 悅口庭 <Yue-Kou-Ting> **F1**

It provides simple meal, risotto, fried rice, and fried noodle and other dishes. Besides, it also offers risotto, fried rice and fried noodle for vegetarian who can partake egg.

- TEL: 0983-998151
- Price: \$45~\$70
- Recommended dishes: **Fried noodle and rice (curry can be supplemented)**

■ 宜親木盒 <Yi Chin Wooden Box> (F2)

Wu-Tao-Chishang Meal Box has also sparerib meal box, stewed-pork meal box, fish-steak, and chicken meal box. Besides, there are also rarely-seen choices as regimen meal box and eel meal box.

➢ Price: \$55~\$75

Price: various kinds of omelet ranging from NT\$55 to NT\$75

■ 宜臻 <Yi Jen> (F3)

Each kind of meal is offered with four selections of vegetables, with rather significant portion. The operation of semi-buffet allows customers to freely choose items on their own.

➢ Price: \$45~\$80

➢ Recommended dishes: chicken and pork steak and other meat category are deep-fried upon order

■ 草屋麵館 <Grass House Noodle> (F4)

It provides various kinds of noodle cuisine, and there are also bowl rice, hand-made dumpling, and side-dishes, while chicken-cube mixed noodle is the one received greatest number of recommendation from customers for its bountiful ingredient, and highly chewy ramen. Also, it can prepare mild congee and vegetarian cuisine, and the store has, as well, provided freshly made juice.

➢ TEL: 0912520394

➢ Price: NT\$50 to NT\$90, and chicken-cube mixed noodle: NT\$45.

■ 御鮮坊 <Fresh Dish Store> (F5)

It provides various flavors of rice, noodle, fried egg with rice, and the most favorable choices are crispy deep-fried chicken steak series added with selections of honey or black pepper, and mushroom chicken soup series. Furthermore, there are also French fries, potato patty, and steamed vegetable and other side-dish. As for Earl red tea, it is the cold drink of store, reckoned as the cold drink with set meal specific of Zhixue Street.

➢ Opening Hours: 11:00~20:30

■ 好佳 <Hao Jia> (F6)

It provides rice, noodle dish, thick soup, soup, side-dish and other snacks; among them, the one most welcome is the signature sparerib noodle and the other one is soaked dry-noodle, and the sauce has come directly from Burma, considered most suitable for a try to those who like spicy food.

➢ TEL: 03-8662708

■ 久裕小館 <Jiu Yu Eatery> (F7)

It provides kinds of noodle dishes, stewed items, side-dish, and foods, which are both inexpensive and delicious. Therefore, it introduces large bowl and small bowl for customer choice, while minced Szechuan pickled vegetable and pork noodle and dumpling are most welcome. Its cheap foods make the store always crowded with people during dining hours

➢ TEL: 03-8664302

■ 大上海 <Grand Shanghai> (F8)

It provides various kinds of fried rice, risotto, fried noodle/rice noodle, soup noodle, soup, hand-made dumpling, simple meal, and hot dish, and others.

➢ TEL: 03-8661550

➢ Price: various choices of simple meal from NT\$65 to NT\$90, and fried rice with pickled vegetable is NT\$65.

➢ Recommended dishes: Yunnan and Thai hot and spicy chicken: when sour, sweet, and spicy sauce is poured upon deep-fried chicken, it tastes with penetrating flavor.

■ 賀田之家 <He-tien Home> (F9)

It provides various kinds of simple meal, ramen, fried rice with egg, and side-dishes. No matter if it is soybean flavor ramen of Japanese taste, fragrant green-onion noodle, hellish hot and spicy ramen, or pickled vegetable beef/pork fried rice after Korean style, they have received much popularity. As for simple meal series, they have equally received much popularity, while it also offers vegetarian meal.

➢ TEL: 03-8662095

➢ Price: NT\$ 50 to NT\$100, hell ramen: NT\$120

■ 卡哩咖哩 <Kary Curry> (F10)

It is specialized store selling curry dish. The feature of cuisine preparation is that its curry carries with sweetness, yet found with hot and spicy afterward taste. And its sea and turf combo of bountiful ingredients has received the greatest amount of popularity, and also the beef curry that contains radish, beef, and potato. In addition, vegetable combo is also a nice choice.

➢ TEL: 03-8663521

➢ Price: pig curry: NT\$65, sea and turf combo: NT\$130

■ 港龍燒臘店 <Ganglong Roast Meat> (F11)

Both the owner and his wife are from Hong Kong, and so the taste is most authentic with sufficient amount of ingredients. No matter if it is the crispy and fragrant roast duck rice, delicious honey roast-pork rice, or the crispy and roasted-skin pork rice neither too salty, they are choices who love roast meat cuisine after Hong Kong can ever miss.

➢ TEL: 03-8663901

➢ Price: \$65~\$75

■ 飽足 < Bao-zu > **F12**

Though the store is located rather remotely by the dormitory of Chunshang Village, the store will always be full whenever it comes to dining hours, while steamed chicken rice is the “must” order for gourmets who pay visit to it. The chicken is both juicy and tender, and will easily melt as one tastes so that one has such pulse to try one once and again.

- TEL:03-8663887
- Opening Hours: 11:30 to 14:00, 17:00 to 20:00, closed on Sunday

■ 阿宏臭豆腐(素) <Ah-hong Smelly Tofu (vegetarian)> **F14**

Braised noodle of the store is the top choice, and its thick soup is not a bit greasy. Besides, the overspill tomato and well-stewed radish and carrot have rendered the soup even more tasty and sweet. On the other hand, its crispy yet tender smell tofu is reckoned the other features, and it is the “must” signature dish customers will order as customers assort tofu with pickled vegetable personally prepared by the owner, which is both sour and sweet.

- TEL:03-8662930
- Price: braised noodle: NT\$60, smelly tofu NT\$40

■ Shelley's Pancake House **F16**

A brave young girl who is aged 25 decided to open a muffin store in the small lane of Zhixue at Hualien as she loves simple meal of American style. The meat pie with beef burger is wholly patted manually, and it costs one for only NT\$100 to enjoy American burger at evening (18:00 to 21:00) on every Monday – burger day. It is muffin day every Friday, and it costs one only NT\$100 to enjoy the legendary muffin at the evening (18:00 to 21:00). Furthermore, one whose birth is on the day will have a free vanilla milk shake from the house, while friends of the same table can have 10% discount for their meal.

- Location: No. 2, Lane 20, Zhiguang St., Zhixue Village (BANANA GARDEN)
- Opening Hours: 11:00a.m.-10p.m.
- Price: \$100~\$220

■ 鍋大爺臭臭鍋 < Mr. Pot – Smelly Tofu Pot > **F13**

It provides small hot-pot, stewed pork rice, risotto and other dishes, and you can have rice and tea all you can eat and drink. Besides, the hot and spicy smelly-tofu pot smells so good that it becomes the most popular dish. Also, there is also “Jiang’s Salty Chicken,” which is reckoned as the best choice for night-owl.

- TEL:0912-583375
- Price: \$50~\$120

■ 涵筑滷味 <Han Zhu Stewed Fowl> **F15**

At night-time, there will be small van showing up at the rear gate of school, and the stewed soybean curd tastes most thoroughly. Besides, the sauce is also very special. It is especially prepared by the boss himself, so that when the hot stewed soybean curd is poured with both medium salty and sweet sauce the curd will be rendered even more flavoring. In addition, the minimal consumption is NT \$30 (with noodle), and the handsome owner will also send you vegetable free of charge!

- Price: soybean curd: NT\$15

■ 9803咖啡 < 9803 Café > **F17**

Though it is located in Zhixue Village of Shoufong Township with much country flavor, the decoration of urban atmosphere at 9803 will not, a bit, find itself hard to fit in. Large French windows are used in the store, in the hope that customers can appreciate wonderful views outside when having coffee. Besides, the store makes much effort with its decoration for comfort so that there are cozy and grand chairs, and independent space is partition with curtain skillfully. Small partition of the store also provides Japanese cuisine, beer, saka, non-alcohol drink, and various kinds of side-dishes (varying from NT\$50 to NT\$120). It is also installed with wireless Internet service.

- Location: No. 22, Jongguang St., Zhixue Village
- Reservation Hotline: 0918-661985
- Opening Hours: Monday & Tuesday from 18:00 to 1:00, Wednesday to Sunday from 13:00 to 1:00
- Price: various kinds of drinks: NT\$80 to NT\$150

■ 慈祥素食(素) <Ci Xiang Vegetarian> **F18**

It provides all vegetarian meal, and it includes assorted noodle, dumpling noodle, braised noodle, soup noodle, plain noodle, friend rice/noodle, stewed pork rice, and vegetarian dumpling. What is worth recommendation is a full dish of vegetable, and stewed pork rice and assorted soup that are both delicious and loaded with a lot of ingredients. In addition, the broth of soup is made from vegetable.

- TEL: 03-8662919
- Price: noodle: noodle NT\$40 to NT\$60, fried rice/noodle: NT\$50

Living in Dong Hwa

Zhixue Station

志學車站

台九線

大奶媽

派克

摩奇 Tea

摩奇地炸雞

休閒小站

貴族派

吳媽媽

永和豆漿

後山歲月

宜親 (F2)

慈祥素食 (F18)

啲比茶飲

新竹家鄉碳烤雞排

學生食堂

麥軒活力站 (F10)

3Q脆皮雞排

齊亭 大佬

天祥居

奧勒岡廚房

全記 (F8) 大上海小吃

八方雲集 微笑PASS Zero Space

(F13) 鍋大爺

長巷

東大簡餐

阿亮雞排

(F3) 花蓮香 宜臻

志學牛排

惠阿姨滷味 阿雅族

羹大王 瑞麟美而美

茶專 麥樂多

陽光早午餐

50年代大桶茶

東華早餐吧

鍋好日子

滷媽媽的味道

賀田之家 (F9)

港龍燒臘 (F11)

一同食堂 HALA哈拉早餐屋

御鮮坊 (F5)

久裕小館 (F7)

9803 cafe (F17)

草屋 (F4)

鍋神涮涮鍋

馬記小吃

幸福傑克

志學早餐小吃

好佳排骨麵 (F6)

宜芳甫 吮八芳

萬佳鄉早餐

南庄豆花

吉米餐坊 麥味豆

華廈美而美

(F1) 悅口庭 竹緹

飽足 (F12)

涵築滷味 (F15)

馬克叔叔

村上春宿

學校志學門

Zhixue Entrance North Exit

❖ Hualien downtown restaurants and bakery stores

At Hualien downtown, gourmet food house and café are most diversified, and they ranged from exotic food, local featured gourmet food, to refined vegetarian selection. Thus, no matter if it is at sea, or within alley of serene downtown these stores can always bring you some unusual dining experiences. Since the number of store is quite massive, we have only selected a few featured gourmet food houses, and more information can be obtained by inquiring "Tourism Information Network of Hualien County" at <http://tour-hualien.hl.gov.tw/en/index.jsp>.

□Gourmet Food House

■ 苗家美食<Miao Delicacy>

Unlike other regular restaurants, its sign-board is not large, while it is located within residential area. Its dishes are mainly based on Guizhou cuisine, for instance sour-soup pot, hot and spicy pot, Miao stockade -wind-dried meat, dumpling, stewed meat rice, and hot chicken rice, and so on. In fact, Guizhou cuisine is rather special with its unique taste. Among them, "crisp & spicy pie" looks regular to average scallion-oil pie it savors with slight fragrance of Chinese prickly ash, and it will bring up moments of "tingling" sense with the tongue.

- No. 16, Jenhe St., Hualien City
- TEL: 03-8538578

■ 韓舍 <Han Korean Cuisine>

The primary dishes of house are mostly traditional Korean food, while ginseng chicken is the signature choice of the house. Besides, there are also fried stone-pot rice, and mixed Korean rice, hot New Year cake, friend hand-made pie, stone-pot mixed with green-bean thread, mini-pot, pickled vegetable pot. You had better make reservation earlier to avoid long time of waiting.

- TEL:03-833-0225
- Address: No. 22, Lane 148, Yanping St., Hualien City
- Price: \$40~\$450
- Opening Hours: : 11:30~14:00, 17:30~20:30, closed on Monday

■ 北觀食堂 <Bei-Guan Eatery>

It is a rather stealthy store (next to the alley by Da Yuan Beef Noodle), and dishes of the store are Taiwanese. And portion of these dishes are not just large but inexpensive. As for crab-egg risotto is both sweet and nutrition; the sauce of stewed pork rice is somewhat rather sweet, and the pork is well stewed. The order is found as large and small one, while there is no extra charge for more rice.

- TEL:0919-908477
- Location: No. 98, Dongli 1st St., Hualien County

■ 海豚遇見貓 (Dolphin met Cat)

It provides mainly Italian dishes (with drinks and pastry soup), and a few teppanyaki cuisine. Besides, the store will offer special-priced set every day (NT\$99 to NT\$130). Among them, bacon with white sauce and oyster is the reckoned as one of the hottest dishes of the store.

- TEL:(03)835-4270
- Address: No. 222, Boai St., Hualien City
- Price: \$99~\$240
- Opening Hours: :11:00~22:00

■ 賴桑壽司店 <Mr. Lai's Sushi Store>

It stands right next to Bao Ya on Zhongzheng Road, and one can but wait for it receives no reservation. Octopus salad is a major feature of the store, and the boiled octopus is placed on top of fresh and green vegetable and fruit. Then, it is poured with thousand-island dressing, both juicy and delicious, helping one to have great appetite. As for roast trout rice-dumpling, it carries not just crisp taste but also mild trout fragrance, considered to be the best choice for gourmet of Japanese cuisine. °

- TEL:03-8328917
- No. 335, Zhongzheng Rd., Hualien City

■ 石屋燒肉火鍋<Stone-house BBQ & Hot-pot>

It offers two-hour buffet of roast dish and hot-pot. Ingredients for roast are already flavored and they are quite fresh, while meat is not sliced too thin, with quite a selection of dishes. The store will gift small hot-pot if two come along, and it offers 10% off with student card.

- TEL: (03)835-2311
- Address: No. 644-2, Zhongzheng Rd., Hualien City
- Opening Hours: AM11:00~PM12:00

■ 液香扁食<Yi-Xiang Dumpling>

It is store of more than 70 years of history that lies within the alley, while a bowl of 10 dumplings is considered quite a portion. The dumpling is very large, and one will be fully filled with sweet pork and meat juice. Thus, one must come to have a try.

- TEL: (03)832-6761
- Address: No. 42, Xinyi St., Hualien City, Hualien County
- Opening Hours: 09:00 ~ sold out
- Recommended dishes: pork dumpling(60)

■ 王記茶舖<Wang's Tea House>

It is located within serene alleyway, and one can, aside from partaking pearl-ball milk tea, tangerine tea and other tea, and so as various kinds of refined tea snacks, also enjoy such classical atmosphere of tea house.

- Address: No. 565, Zhongshan Rd., Hualien City
- TEL: 03-8339388
- Opening Hours: 10:00 ~ 24:00

■ 長春藤(素) <Ivy League (vegetarian)>

It is located at the neighborhood near the rear train station of Hualien. The atmosphere of the restaurant is cozy, with bountiful choice of dishes. It is the vegetarian buffet costing one NT\$180. And since there will be more people on holidays, it is more suitable to have meal during weekdays.

- Address: No. 22. Fuan Rd., Hualien City
- TEL: 03-8569069
- Opening Hours: 11:00~14:00 · 17:00~20:00

■ 妙禪味(素) <Miao-Chan-Wei (vegetarian)>

It sits at the back of Buddhist Tzu Chi General Hospital, and it is rather spacious with diversified flavor for everyone. It is vegetarian buffet that costs only NT\$150.

- Address: No. 23, Zhongshan Rd., Sec. 1, Hualien City
- TEL: 03-8579998
- Opening Hours: 11:00~14:00 · 17:00~20:00

■ 起司蛋糕創意達人 <Creativity Master of Cheese Cake>

The choices of cakes can be as more as more than 80, while 40 of them are offered with flavors with ingredients from the season. Cheese itself melts when partaken, with strong and thick flavor, and most of all, it is most inexpensive.

- Address: No. 230, Boai St., Hualien City
- Opening Hours: 12:30 to 18:00 (closed on Sunday)
- Price: starting from NT\$35

■ 公正街包子 <Gongzheng Street Steamed Bun>

It is store of more than 70 years of history that lies within the alley, while a bowl of 10 dumplings is considered quite a portion. The dumpling is very large, and one will be fully filled with sweet pork and meat juice. Thus, one must come to have a try.

- TEL: (03) 834-2933
- Address: No. 199-2, Zhongshan Rd., Hualien City, Hualien County
- Opening Hours: 24H
- Recommendation dishes: dumpling (NT\$50 per steamer of dumpling)

■ 艾斯可菲 <Escoffier>

It is a restaurant of its featured flavor, and promotes non-frontier cuisine. With its chef from a 5-star hotel, it has strictly followed rules of gourmet food by Escoffier, super master chef of French, and it is to prepare cuisine with devotion. In fact, the small diner insists with many things, and we view about it simply from its opening hours. For afternoon tea break that most restaurants would operate, this diner is closed so that it concentrates on preparing for dinner. Besides, there is limited number of tables, so that guest of each table can be well served. Also, the ingredient selection to preparation for every dish is given with utmost attention of standard of 5-star, and it is not a bit simplified as it is a small diner.

- TEL: (03) 832-6688
- Address: No. 19, Minquan Rd., Hualien City, Hualien County
- Opening Hours: 11:30 ~ 15:00 17:00 ~ 22:00

■ 孔記小館 <Kung's Eatery>

Kung's eatery has more than 20 years of history, and one must make reservation if they like to enjoy the meal here for it is full very quickly. Though one might reckon that a dumpling is rather steep, its dumpling is grand and could be as large as two in size against other stores.

- Address: No. 253, Zhongxing Rd., Hualien City TEL: (03) 822-1447
- Opening Hours: 11:00~13:00, 17:00~19:00, closed on Sunday
- Recommendation dishes: dumpling (5), scallion oil pie (70), and small sour-hot soup (90)